

<b>Talent environments - Coach Planner</b>			
<b>Framework</b>	<b>Focus</b>	<b>Action</b>	<b>Notes</b>
Understanding talent	Detailing <u>your</u> philosophy on talent	Reflection	We have given you a start point. What would you add/delete? What experiences have shaped your thinking?
Growth mindset coach	Developing growth mindset athletes through your coaching	Self-assessment, changing habits and seeking feedback	Complete the growth mindset behaviours checklist and create an action plan and feedback strategy to work on targeted areas
Growth mindset athletes	Recognise fixed and growth mindset behaviours in your athletes	Observation & planning of specific interventions	Record what you observe and then make a plan to help the athlete to change
Effective and measurable interventions	Help the athletes learn more about the development process	Data collection and athlete education	Detail the demands of elite level in your sport. How can you ensure your athletes understand how to get from where they are to where they want to be?
Time on task	Maximising development opportunities	Prioritisation and innovative thinking	What is the ideal development plan for your athletes? Detail how you can deliver this plan through contact and non-contact time activities
<b>Keep asking the question – what am I doing to make me a better coach?</b>			